

## English Newsletter March

It's spring!!!



### St Patrick's Day 17 th March



Bring out your green! St. Patrick's Day—observed every March 17—is packed with parades, good luck charms, and all things green. The event started as a religious holiday, but over time it's become a celebration of Irish culture.

St. Patrick might be the patron saint of Ireland—but he didn't always live in Ireland. Patrick was born in Britain in the fourth century and didn't arrive in Ireland until he was 16 years old, when he was sent to work in the country. After he arrived, Patrick became interested in Christianity and started teaching others about the religion. He is said to have converted many of the country's residents to Christians, and now St. Patrick's Day is celebrated on the day Patrick supposedly died.

St. Patrick was a real person, but some of the traditions associated with him and the holiday are actually myths. For instance, you'll often see the four-leaf clover on St. Patrick's Day. However, according to legend, Patrick used a three-leaf clover, or shamrock, as part of his teachings. Even though it's possible for a shamrock to grow a fourth leaf, a four-leaf clover is just considered a symbol of good luck.





Did you know: 5 St Patrick facts
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Why 17 March?
The date marks the saint's death. Patrick died in 461 in Saul, County Down. He is buried in the grounds of Down Cathedral in Downpatrick, County Down.





When was the first parade?
The first St Patrick's Day parade actually took place in Boston in the United States in 1737.
Ireland's first parade was held in Waterford in 1903.





Was St Patrick Irish? No, he wasn't born here. St Patrick was thought to have originally come from either Wales or Scotland.





Why do people wear green?
The colour green is now synonymous with St Patrick's Day and Irish pride but until the 19th century, the colour associated with St Patrick was actually blue.





Why is St Patrick associated with shamrocks?
According to legend, St Patrick used the shamrock as a metaphor for the Holy Trinity when he first introduced Christianity to Ireland.









#### spring into action

used for saying that something is done quickly and with energy or force

#### a happy bunny

someone who is satisfied with a situation

#### busy bee

someone who is always busy.

#### put all your eggs in one basket

to depend completely on just one plan so that you have no other possibilities if things go wrong

#### black sheep

someone who is not approved of by their family or group because they are thought to behave badly

#### under the sun

used for emphasizing that something includes a very wide range of things

#### no spring chicken

to be rather old

#### a good egg

a good or reliable person

#### a spring in someone's step

used for saying someone looks as if they are happy and full of energy

the grass is (always) greener on the other side

life seems better somewhere else







# March Bucket List

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**Plant Flowers** 



Celebrate St. Patrick's Day



Spot A Rainbow



**Build A Birdhouse** 



Fly A Kite



Donate To A Food Bank





Do Something That MakesYou Happy